

HELLO

November

Medically Fragile

Newsletter



CENTER FOR
DEVELOPMENT
& DISABILITY

November 2023 | Medically Fragile Case Management

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Thankful

for those we serve

For letting us come into your homes, for sharing your lives with us and for giving us the opportunity to help and advocate alongside you!

Thank you for allowing me to come in and care for you all. For those of you I took over for, thank you for allowing me to attempt to fill the shoes of your previous case manager.

I'm so thankful for my families for being an example of perseverance, servanthood, defenders, and encouragers. Many times, I have left homes with a new sense of gratitude and new hope. I have been more encouraged by them than the other way around.

To all my families, those that I have had the past year and to my new ones. I appreciate the kindness you show me when I enter your home. I love seeing you and your family. I constantly learn new things from you, which allows me to help others. I am thankful for all of you.

Thank you for showing me the best of humanity. Against so many barriers you all do the impossible every single day and you do it with grace and love.

Allowing me to share in your child's life. This really is the best job!

Grateful to help families navigate the system. Grateful to help take some work off the family's shoulders.

Filling my life with gratitude, perspective and blessings

I am thankful to work with such resilient families.

Over half of mine I have had for 15-20 years and they are family. I try to treat all my families the same and try to give them all the support and assistance I can. I always answer their calls and I know they will do the same for me.

I'm so thankful that I get to help the amazing families that are in our program. And I feel very honored that they allow me into their lives for just a bit!

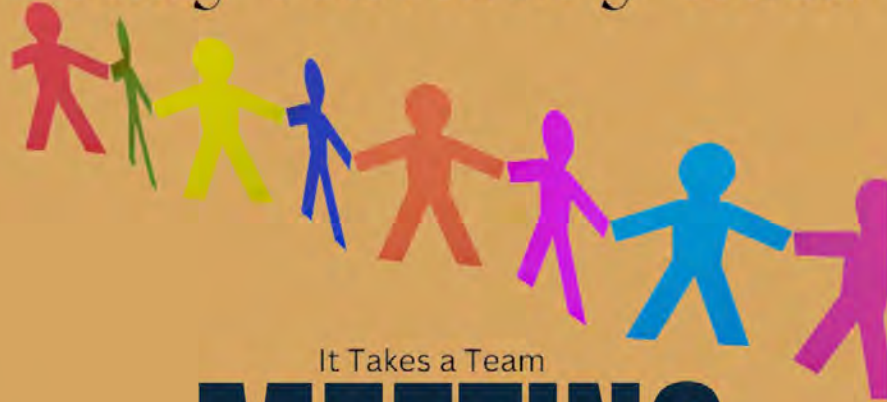
For trusting us to share this journey with you and teaching advocacy, resiliency, dedication and diligence along the way.

Thank you for allowing us into
your lives!

TRUNK OR TREAT FUN!



Family Advisory Board



It Takes a Team

MEETING INVITATION



December 4, 2023



At 5:30 PM



Zoom



CENTER FOR
DEVELOPMENT
& DISABILITY

email

nrajala@salud.unm.edu
with any questions.

**It's not too
late to join!**

Please join us for the next FAB meeting!

This will be held on zoom, Tuesday, December 4th at 5:30 pm.

If you are curious about the FAB and what they do, please join us, email
Nichole at nrajala@salud.unm.edu to get the zoom link.

SCT Contact Info:

Main SCT queue ----- Direct: 505-449-2101
SCT Fax Line ----- Direct: 505-340-2916
SCT Email: specializedcare@hmespecialists.com

Re-Supply order process:

It is advised that re-supply orders are placed 5-10 days in advance. This will give the SCT team enough time to resolve any challenges, that could delay delivery.

SCT team member must complete the following with every order:

- Confirm valid script is on file, that meets insurance requirements.
- Confirm current Auth on file. (when necessary)
- Confirm insurance is active.
- Confirm anniversary date and when new order can be dispensed. ***
- Confirm all needed item with member/care giver.
- Confirm no changes to address, phone, insurance, or physician.
- Key order in system and send to vendor for shipping. *Shipping cut off time 3 PM

***BCBS will not cover orders dispensed prior to anniversary date. Other insurances known to cover up to 5 days early, but not a guarantee. Reviewed on a case-by-case basis.



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Afterhours & weekends:

- Dial main number 505-888-6500.
- Select option 9 from auto attendant.
- Provide emergency to afterhours representative.
- Reduced staff available.
- Can replace malfunctioning pump, but No local inventory of formula or most supplies.
- Can process Discharge order but is more challenging and could take longer to complete. *Recommended to provide all weekend discharges to SCT team during week.

Formula substitutions:

- SCT will not make any substitution without written direction from Physician.
- SCT can provide manufacture recommended substitutions to physician for approval.
- New script for formula substitution is required, prior to dispense.
- Once a substitution is provided, it will be the formula used for all re-supply moving forward, unless changed by physician/patient. (RX must be on file)

**Pre-legislative-session forum
Saturday, January 13, 2024
CNM Workforce Training Center
5600 Eagle Rock Avenue NE, Albuquerque**

The forum will include a morning plenary and afternoon breakout sessions covering issues that are expected in the legislative session and other topics of interest to the disability community. This will be a great opportunity to learn about issues affecting people with disabilities and their families, and to network with others in the disability community.

**Roundhouse Day
Tuesday, February 6, 2024
State Capitol Rotunda, Santa Fe**

At the Roundhouse, we'll gather in the Rotunda in the morning and everyone is encouraged to spend much of the day at the Capitol – meeting with legislators, touring the building, and watching the Legislature in action. And of course, it's a time to see old friends and make new ones!

We'll be sending out more information in the coming weeks. We hope you'll join members of the disability community from around New Mexico to learn about issues in the Legislature, make new contacts, and participate in policymaking that affects persons with disabilities.

We look forward to seeing many of you at the DRAD 2024 Pre-Session Forum and Roundhouse Day!

* * * * *

*The Disability Coalition is funded in part by the
New Mexico Developmental Disabilities Council
through Federal Program funding.
Additional funding is provided by
The Arc of New Mexico, Disability Rights New Mexico,
the Independent Living Resource Center, and New Vistas.*

Just a gentle reminder.... please, please stay in touch. Help us, Help you!

A month can be a long time.

Please let your nurse case manager know if anything comes up between your monthly visits.

We **especially** need to know right away of the following:

- Hospitalization

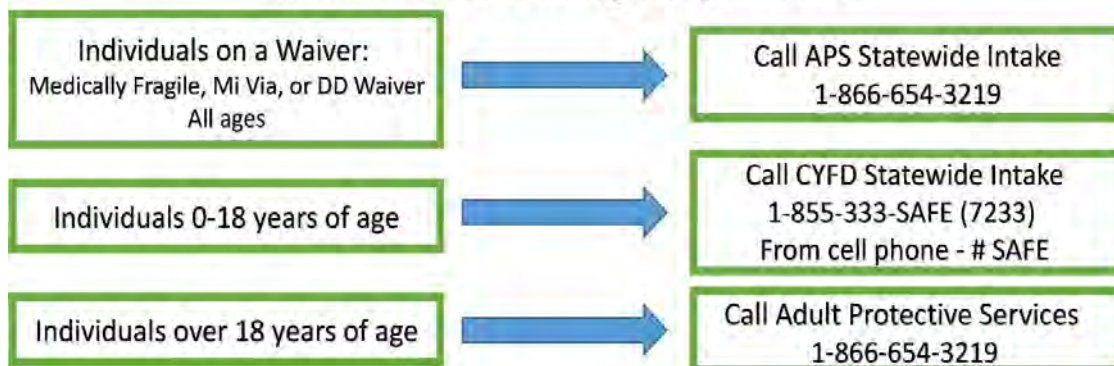


In the event of hospitalization and ER visits, we want to be there to support you. Please share with your hospital staff that your loved one is on the Medically Fragile Program. Please share your loved one's nurse case manager's name and number. We want to help make sure you have everything you need at discharge, so it is a safe, smooth transition home.

**ATTENTION! PHONE NUMBERS TO REPORT ANE HAVE CHANGED!!
PLEASE SEE NEW NUMBERS BELOW!**

ABUSE, NEGLECT, EXPLOITATION REPORT IT!

In Case of an Emergency call 911



Lines are open 24/7. You can request to remain anonymous and all information is kept confidential.



The DDSD Advisory Council on Quality Executive Committee
presents:

ACQ LISTENING SESSIONS

2nd Thursday every other month from 9:00-10:00

Nov. 9, 2023

Jan. 11, 2024

March 14, 2024

May 9, 2024

JOIN US VIA ZOOM

<https://us02web.zoom.us/j/6605544111>

Meeting ID: 660 554 4111

The meetings will be an open forum for anyone who would like to join us. Please come and share your thoughts, questions, concerns, suggestions, experiences, ect. on what is happening in the NM DD system.

Contact Wendy Corry, DDSD ACQ Admin. for more information
wendy@corryconsulting.com 505-238-0047

**TALENT KNOWS
NO
BOUNDARIES!**

**Calling All
Performers**

SANTA FE

**INCLUSIVE
SPECIAL NEEDS**

**TALENT
SHOWCASE**

Are you an individual with special needs who has a talent to share with the world?



Why Participate?

- Celebrate your unique talents.
- Spread the message of inclusion.
- Build confidence and self-esteem.
- Connect with a supportive community.

How to Sign Up

To register as a performer or for more information, please contact us at:

Email: santafeinclusiveshowcase@gmail.com

Phone: 505-660-3948



Audience Members Welcome!

- Help Us Spread the Word! Share this flier with your friends, family, and on social media.
- Let's make this an event to remember, celebrating the diversity and abilities of our Santa Fe community.
- We can't wait to see you there!
- #SantaFeTalentShowcase #InclusionMatters #SpecialNeedsCommunity

Event is:

**SATURDAY &
SUNDAY**

DECEMBER 2 & 3

**Teatro Paraguas
3205 Calle Marie
Santa Fe, NM**



Parental Advocacy in Special Education Information Night



Time: 7:00 p.m.-8:00 p.m. Thursday

December 7, 2023: Advocating in School

January 4, 2024: The importance of Vision Statements

February 1, 2024: Advocacy and Policy Making

March 7, 2024: Dissecting the IEP-What Questions to Ask When...

April 4, 2024: SAT, 504's, and Evaluations: How to Request a Comprehensive Evaluation

May 2, 2024: Summer and Beginning of the Year Needs

Please Join Us: Parental Advocacy in Special Education Night

Time zone: America/Denver

Google Meet

Video call link:

<https://meet.google.com/nmo-teoi-sbh>



DDSD (The Developmental Disabilities Supports Division) WELLNESS VISITS UPDATE AND ONGOING PLAN

If you are on the waiver or apart of Mi Via, below are the key takeaways from the presentation that DDSD presented regarding their wellness visits and ongoing plan.

Key takeaways from the presentation are:

- DDSD has been doing and will continue to do wellness visits to individuals with new allocations
- DDSD will begin wellness visits with all other Waiver recipients beginning in October 2023, with plans to visit twice a year
 - More frequent visits may occur if necessary
- Visits will be announced and scheduled in advance, preferably one to two days in advance
 - Exceptions are if DDSD is having trouble accessing the individual/family, then they will coordinate a visit with the CM or MCO
- Visits will occur during the week and during business hours up to 7pm
 - Visits after hours or weekends will be done at the request of the individual/guardian
- All visiting staff will have badges to identify themselves
- All visit staff will have a mask available and if the family so requests them to, will wear it
- 911 will not be called for individual or guardian refusal to allow the visit, unless an immediate danger to the individual is evident
- The focus of these visits will be on the health and safety of the individual, to include a safe environment
- No head to toe body assessments will be completed
- These visits are an added safeguard to our visits and the State's responsibility to ensure the safety and wellness of Waiver recipients
- **Reporting:**
 - Call the Adult Abuse, Neglect and Exploitation Hotline at 866-654-3219.
 - OR
 - File a report online:
<https://hssnmprod.wellsky.com/assessments/?WebIntake=736C2553-66C1-4A51-9E51-43B5C129FB89>

There is a link below here that will take you to the presentation slides that were presented during the meeting if you want to look over them.

<https://acrobat.adobe.com/link/review?uri=urn:aaid:scds:US:5ecee10e-eae4-3353-a3c2-52ff4c673ea9>

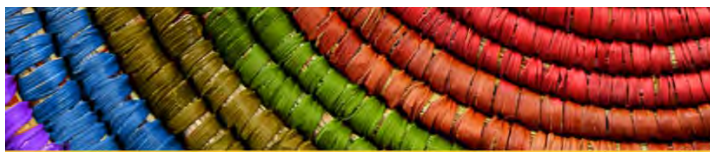
DDSD HOME VISIT SAFETY CHECKLIST

You are invited to join us for a very special event in December!

12/13/2023

1:00 PM-2:30 PM

Hilos Sobre el Autismo and Weaving Colors are collaborating to present, "Sharing a Diagnosis". A panel of family members from NM's Native and Latin communities will be talking about how to share a developmental disability diagnosis with family, friends, and the community. These discussions will include ways of building effective boundaries and support as they share their experiences in educating and creating a nurturing support system.



Hilos and Weaving Colors

Presents

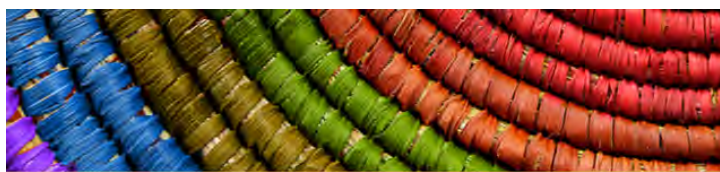
Sharing a Diagnosis:

Explaining a developmental disability diagnosis to family, friends, and your community to build a lifetime of effective boundaries and support

Wed Dec 13th 2023

1 pm - 2:30 pm MT

Join us in welcoming a panel of family members from NM's Native and Latin communities as they share their experiences in educating and creating a nurturing support system



Hilos and Weaving Colors

Presenta

Compartir un diagnóstico:

Explicar un diagnóstico de discapacidad del desarrollo a familiares, amigos y su comunidad para construir una vida de límites y apoyo efectivos.

Miércoles

13 de Diciembre 2023

1 pm - 2:30 pm MT

Únase a nosotros para dar la bienvenida a un panel de familiares de las comunidades nativa y latina de Nuevo México mientras comparten sus experiencias sobre la educación y la creación de un sistema de apoyo enriquecedor.



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HSC-AutismPrograms@salud.unm.edu



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**NEW & RETURNING VOLUNTEERS - LET'S
GET READY FOR AN AWESOME SEASON**



**NEW AND CURRENT ASPNM VOLUNTEERS, PLEASE JOIN US
FOR VOLUNTEER ORIENTATIONS!**

Santa Fe, November 4th Albuquerque,
November 11th

RSVP using the link below

Are you interested in becoming an adaptive ski and snowboard instructor?
Excited for the upcoming season? **New** and **returning** volunteers are highly encouraged to attend:

- Learn about ASPNM and the upcoming ski/snowboard season
- Ask your burning questions & fill our required paperwork
- Meet the staff and other awesome volunteers
- Have some fun!
- Be sure to stay for the Ski Movie screenings that follow the orientations (invite your friends!)

Santa Fe Orientation & Appreciation:

Saturday, November 4th, 4:30 - 6:00 pm

[The Bridge at Santa Fe Brewing](#)

(Click for Google Map)

[Click here to RSVP](#)

Albuquerque Orientation & Appreciation:

Saturday, November 11th, 3:30 - 5:00 pm

[Equilibrium Wellness Center](#)

(Click for Google Map)

[Click here to RSVP](#)

FOR VOLUNTEERS READY TO GET A HEAD START.....



We know our athletes and volunteers are READY to sign up to ski with ASPNM this season! Registration will open by early November. There are few things volunteers can do in the meantime:

1. Make sure you're receiving our emails regarding upcoming ASPNM events and/or sign up here to join or email list.
2. Review our [athlete](#) and/or [volunteer](#) pages to learn more about the program
3. Volunteers will need a current background check
 - o If you previously completed a background check after March 15, 2022, you are good to go! (If you are not sure when your last background check was contact [Kim Krupnick](#))
 - o If you are a NEW volunteer this year, please start by completing your Background Check. This will also create your ASPNM account for future event registrations
 - o If you already have an ASPNM account and have not completed your background check, please do so.
4. Get ready to have some fun on the slopes! Training dates in December and January will be announced soon!

[1. Click here to complete your Background Check](#)

Once you have completed your Background Check you can now register for your ski day(s).

Each ski day for the 6-week program will be listed as its own event. ie: Thursdays, Fridays, Saturdays, Sundays. Please select all the days you would like to volunteer for and then select Apply at the bottom, this way you only have to fill out 1 application form.

[2. Click here to complete your Volunteer Application](#)

[3. Fill out your Liability Waiver & Media Release](#)

ATHLETE REGISTRATION

**for ASPNM Ski and Snowboard season will open tomorrow,
November 1st!!!!**

**Make sure that you are receiving ASPNM emails by adding
us to your contact list. This will keep us from ending up in
your junk email!!**

Outside Resources from our Partners



Hero's Path Palliative Care

To sign up, scan the QR code or visit herospathpalliativecare.org/familyactivities

Fall Outdoor Equity Education Program

Families with medically complex kids don't always have the opportunity to participate in high-quality education programs (outside of school) designed specifically with their child in mind. In our.12rogram. you'll be getting outside and Learning as a family while meeting the educational (and nursing) needs of all of your kids (siblings welcome)!

Dates:

Saturday-. P-t 16th from 12:30-2P-ffi

Saturday. P-t 30th from 2-3:30P-m

Saturday. Oct 14th from 2-3:30P-m

Saturday. Oct 28th from 2-3:30P-m

Saturday. Nov 4th from 2-3:30P-m

Saturday. Dec 2nd from 2-3:30P-m

Nurses are on site to help provide support for medical and mobility needs.

Fall Family Picnic

It's going to start cooling off so that means...PICNIC TIME! Enjoy the breathtaking Landscapes at one of our favorite Locations. We will have fun STEAM crafts and a delicious Lunch. Please Let us know if you have any food restrictions.

Se12tember 16 from 11-12:30 Picnic and STEAM crafts will be held at the Open Space Visitor Center at 6500 Coors **NW**, Albuquerque

Nurses will be present to help with medical and mobility needs. Please RSVP for this family event by September 8th so we can order Lunch and schedule with our nurses.

Fall Respite Program at Grace Church

Se12tember 30 from 5-8 12m

Nurses, educators, and other volunteers will ensure your child(ren) have fun while you take some time for yourself. Take a night off on us!

Up to Seven families can join. We limit families to reduce the risk of illness. Please RSVP by September 23 so we can schedule enough nurses!



Nature Matters





We want to invite you to come to the workshops and support groups we are having this month. We offer a variety of workshops to meet the needs of families and professionals across the state at no cost. If you are in need of sign language interpretation or any other assistance accessing the workshops, please call us when you register or at least a week prior to the workshop at (505) 247-0192.

Telling Your Story

Tuesday, November 28th

1:00PM - 2:30PM

Learn how to share your story with Legislatures, to advocate for systematic change.

[Register](#)



Virtual Parent Support Group, Connecting with families in NM

Wednesday, November 29th
10:00AM – 11:30AM

[Register](#)



Communication, Advocacy and Relationships: The Key to Your Child's Success

Wednesday, November 15th 5:30PM

In this workshop, you will learn why communication, advocacy, and relationships are vital to your child's success in school. We will discuss what communication is and effective communication strategies as well as what advocacy is and why it is important. We will also discuss why relationships are important within the IEP team and elements that are important for building good relationships.

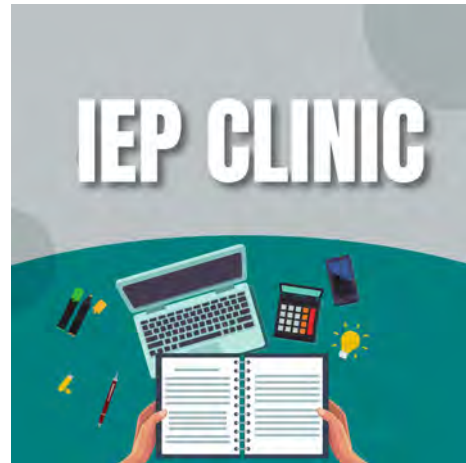
[Register](#)



IEP Clinic- Meaningful Parent Participation

Tuesday, November 28th
4:30 PM

In this workshop, you'll learn why it's so important to actively get involved in the IEP Team and how it can really help your child get the support they need. We'll talk about what it means to be a meaningful participant, how you can contribute effectively, what your responsibilities are, and ways to be more involved in your child's IEP Team.



[Register](#)

Grupo Virtual de Apoyo en Español Para Padres de Niños con Discapacidades

Jueves, 16 de Noviembre
12:00PM

El grupo de apoyo le proporcionará un lugar seguro para compartir sus experiencias y conectarse con otros padres. Le proporcionará un espacio para hablar sobre los éxitos, las frustraciones y las preocupaciones que enfrenta como padre de un niño con una discapacidad.



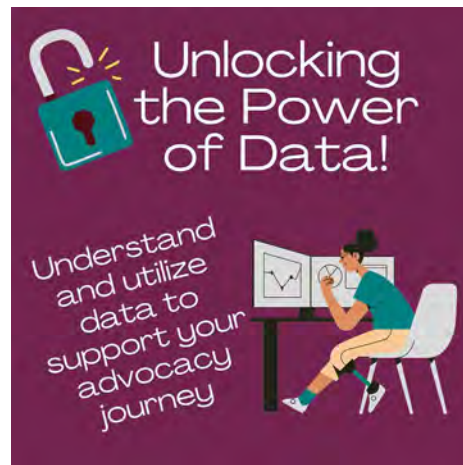
[Register](#)

Unlocking the Power of Data

Thursday, November 16th and
Friday, 17th
1:00PM - 3:00PM

Join us for this 2-part series to learn how to analyze data and utilize it in your advocacy journey!

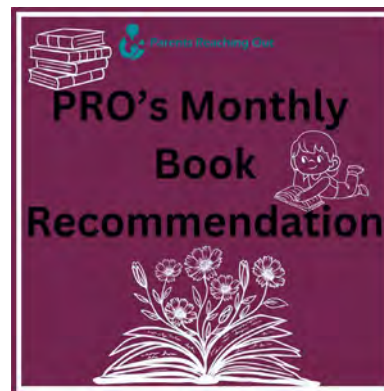
[Register](#)



All Are Welcome
by Alexandra Penfold

This month we recommend this beautifully illustrated story that celebrates diversity and inclusion.

[Register](#)



Now accepting applications for the **Family Leadership Academy**. The Academy will take place March 21st, 2024, from 11:30AM - 5:30PM

[Apply Here for the Family Leadership Academy](#)

[Register for the Conference](#)



[Visit the Conference Website](#)