

Empowering Independence: Developmental Services for Underserved Population

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CENTER FOR
DEVELOPMENT
& DISABILITY





- New Mexico Native
- Mom of a 11 year boy
- Worked in Healthcare for 10 years
- Educator at CNM and NAU
- Compassionate for People
- Quality Assurance Manager-LifeROOTS

LifeROOTS

- A well-established non-profit organization
- Over 60 years dedicated to empowering independence and promoting well-being
- Consistently adapting and expanding services to meet evolving community needs
- Trusted and reliable resource for individuals with disabilities, families, and caregivers



Learning Objectives

- Recognize and Apply Person Centered Approach
- Understand Personalized Development
- Identify methods for Developing Diverse Skillsets
- Foster Community and Support
- Apply Learning to Real-world Contexts
- Empower Individuals for Success



Person-Centered Approach

- **Individual Focus-** recognizing and valuing the worth and dignity of each person. Acknowledging that every individual is unique, with their own set of beliefs, values and experiences.
- **Empathy and Understanding-**Being person-centered might involve cultivating empathy and understanding towards others. Actively listening to people, seeking to understand their feelings, thoughts and experiences without judgement.
- **Respect for Self Determination-** Respect the individuals' self determination and right to make their own choice. Empower people to actively participate in decisions that affect their lives and respecting their preferences and priorities.



Introduce Michael

- Michael, a cornerstone of our success story at LifeROOTS
- Michael's journey began with selfless acts of community service, volunteering with a local thrift store and the homeless shelter
- With Michael's invaluable contributions, our organization has embraced a person-centered approach, prioritizing the unique needs and desires of individuals.
- Michael started with the Organization over a year ago,
- Micheal loves his family and friends, fishing and dancing



Individual-Centered Approach

- Flexible work arrangements
- Work load

Customized Learning Paths

- Identify individuals' goals
- Opportunities for growth

Workshops and Trainings

- Tailored Training Programs
- Computer Skills
- Software Training; outlook, SharePoint and word



Ongoing Feedback and Support



- Individualized Training
- Beyond Formal Training
- Managerial Support
- Continuous Development
- Goal: Thriving Workforce

Empowering Individuals for Success

- **Professional Development Opportunities**
- **Learning from Experience**



Mentorship

- Loren is a fine example
 - Growth
 - Mentor
 - Respectful



Successful Careers.



As we move forward, let's remain committed to championing personalized development principles, both in education and employment settings. Together, let's create pathways to success, where every individual has the opportunity to flourish and contribute meaningfully to society. Thank you for joining me on this journey towards a brighter future.



As we conclude our presentation, let's reflect on the profound impact of personalized development, not only on education and personal growth but also on employment opportunities. By tailoring learning experiences to individual needs, strengths, and aspirations, we not only empower individuals to reach their full potential but also prepare them for successful careers.

Integrating insights from Michael's and Loren's experiences, along with organizations like Towards Employment, emphasizes the importance of personalized development in the workforce. Through personalized development, individuals can acquire the diverse skills and competencies needed to thrive in today's dynamic employment landscape.

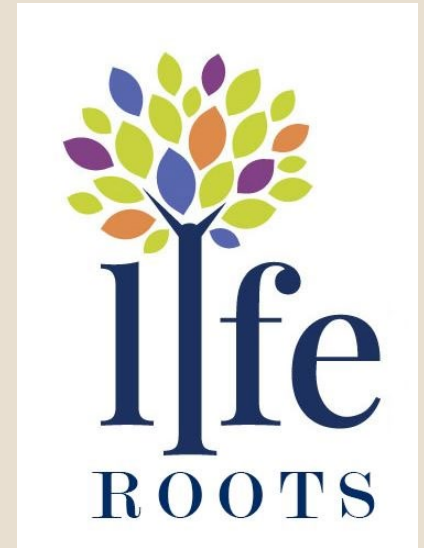
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Today, LifeROOTS is like a big tree, with strong roots and branches reaching out to support our community. But haven't stopped growing. We're always looking for new ways to help people underserved live their best lives. It's a journey of continuous learning and growth, and we're excited to help our community!

References/ Maybe a thank you to Michael



www.liferootsnm.org



A wide-angle landscape photograph capturing a vibrant sunset or sunrise. The sky is a mix of deep blues, purples, and oranges, with scattered, wispy clouds catching the low light. Below the horizon, a range of dark, rocky mountains stretches across the frame. In the foreground, the silhouettes of trees and shrubs are visible against the bright sky. The overall mood is contemplative and serene.

Questions?